

PROFESSIONAL RESUME

P. TEEYA SCHOLTEN, Ph.D. CHARTERED PSYCHOLOGIST

Empowerment Plus®, Inc.
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PROFESSIONAL SKILLS

- **assessment, consultation, counselling, programs, advocacy**
- **specialization in attention (AD/HD), learning (LD) and depression in clients of all ages**
- **workshops and in-service training**
- **qualitative and quantitative research**

PROFESSIONAL AFFILIATIONS

- Canadian Register of Health Care Providers in Psychology
- College of Alberta Psychologists
- Psychologists Association of Alberta
- Canadian Association of School Psychologists

PROFESSIONAL EXPERIENCE

Chartered Psychologist

Private Practice , Calgary, Alberta - Dec. 1994 - present

Assessments, consultations, counselling, behavior management
in-service training re ADD, AD/HD, LD and depression, EMDR

Chartered Psychologist

Calgary Learning Centre, Calgary, Alberta - April 1990 to May 1996

Clinical duties:

Assessment of children and adults with learning difficulties
Consultation to professionals on learning and attentional concerns
Professional outreach services (e.g., university courses, workshops)

Administrative duties:

Supervision of clinical staff, co-ordination of research projects,
Co-ordinator of Calgary Learning Disabilities Support Project
Facilitated the transition of the organization from social service to private
practice model

Registered Psychologist

*Private Practice (Registered in Provinces of Ontario and Saskatchewan), Yorkton
Saskatchewan from June 1989 to April 1990*

Counselling and psychotherapy with children, adolescents and adults
Assessment in learning, attention and personality
Consultant to Whitespruce Treatment Centre for chemically dependent youth
Research and evaluation
Teaching - University Instructor (University of Regina, University of
Saskatchewan)

Clinical Psychologist

Yorkton Mental Health Centre, Yorkton, Saskatchewan from September 1988 to June 1989

- Diagnostics and psychotherapy with adult out- and in-patients
- Evaluation research with Day Patient programme

Consulting Psychologist and Student Services Co-ordinator

Yorkton Junior High School, Yorkton, Saskatchewan from October 1987 to December 1988

- Consultation with principals, teachers, parents and social service personnel re: emotional, academic and behavioural concerns about students
- Counselling individuals and groups of students
- Psychological assessments
- Crisis intervention
- Program development (i.e. para-professional counsellors)

Drop-In Counsellor

Lambton College of Applied Arts and Technology, Sarnia, Ontario from August 1981 to June 1982

- Counselling - personal, academic and vocational counselling for adolescent and adult students

Executive Director

Sarnia Big Sisters Association, Sarnia, Ontario from November 1973 to January 1975

- Establishment of policies and procedures including procedures for administration of the association
- Selection, training and supervision of Big Sister volunteers
- Assessment of referrals
- Evaluative research

Psychoeducational Consultant

Lambton County Board of Education, Sarnia, Ontario from August 1972 to March 1973

- Psychological assessments of children and adolescents
- Counselling
- Consultation with teachers, parents and community agency personnel regarding remedial programming for children with learning disabilities and psychotherapeutic interventions for school age children

EDUCATION

Doctor of Philosophy (Ph.D.) in Applied Psychology from the University of Toronto, October 1987: Major in Psychological Consultation, Minor in Diagnostics and Psychotherapy

Master of Arts (M.A.) in Applied Psychology from the University of Toronto, 1972

Bachelor of Arts (B.A.) in Honours Psychology from York University, Toronto, Ontario, 1970

AWARDS

- Ontario Graduate Scholarship - 1986-87
- Ontario Graduate Scholarship - 1985-86
- Dean's List (A Average in final B.A. year) - 1970

PRESENTATIONS

Numerous presentations at national, regional and local conferences, and train-the-trainer workshops on topics of:

- *A.D.D.: Curse or Blessing?*
- *Riding the Wave: Behavior Management for Parents and Teachers of ADDers*
- *Teen Depression*
- *Collaborative Problem-Solving*
- *Models of Psychological Consultation*
- *Assessment and Remediation of Learning Difficulties in Adult*
- *Ethics and Competency in School Psychology.*

BOOK TITLES

Attention Deluxe Dimension: A Wholistic Approach to A.D.D.2nd Edition

Overcoming Depression: Wholistic Strategies that Work

Riding the Wave: A Handbook for Parenting the Child with A.D.D.2nd Edition

The A.D.D. Guidebook: A Comprehensive, Self-Directed Guide to Addressing Attentional Concerns in Adults and Children, 3rd Edition

Turning the Tides: Teaching the Student with A.D.D., 2nd Edition

Welcome to the Channel-Surfers' Club!, 2nd Edition

CO-AUTHORED BOOKS

Scholten, T. and Dunning, D. (1998). Ready-Set-Go: A Three-Step Problem-Solving Process for Improved Learning Performance

Samuels, M., Burrows, I., Theunissen, D. & Scholten, T. (1992). Asking the Right Questions: Assessment and Program Planning for Adults with Learning Difficulties. The Learning Centre and Alberta Vocational College, Calgary, Alberta .

ACADEMIC PUBLICATIONS

Scholten, T. (2003). What does it mean to consult? In E. Cole and J.Siegel (Eds.) Effective Consultation in School Psychology, 2nd Edition, Hogrefe and Huber, p. 87-106.

Scholten, T. (2003). A Wholistic Approach to Cost-Effective Psychological Service Delivery in the Areas of AD/HD. In E. Cole and J.Siegel (Eds.) Effective Consultation in School Psychology, 2nd Edition, Hogrefe and Huber, p. 185-221.

- Samuels, M. & Scholten, T. (1994). A Model for the Assessment of Adults Encountering Learning Difficulties. International Journal of Cognitive Education and Mediated Learning, Special Issue on Adults,3(3), 135-151.
- Scholten, T., Pettifor, J., Norrie, B., & Cole, E. (1993). Ethical issues in School psychological consultation: Can every expert consult? Canadian
- Scholten, T., Samuels, M., Conte, R., & Price, A. (1993). "An examination of aspects of the vocational rehabilitation of individuals possessing learning disabilities". Report to Alberta Advanced Education and Career Development. February 1993 (82pgs).
- Scholten, T. (1990). "What does it mean to consult?" In E. Cole and J.A. Siegel (Eds.) Effective Consultation in School Psychology, C. J. Hogrefe Publishers, Toronto, Ontario, 33-52.
- Miezitis, S. & Scholten, T. (1990). "Responding to teachers' needs: A case study in the consultation. In E. Cole and J.A. Siegel (Eds.) Ibid., 81-99.
- Rankin¹, T. & Randall, D. (1970). "Non-professional manpower in mental health programs for children". Ontario Psychologist, 3(5), 260-275.

VIDEO TITLE

“Empowerment Plus” – a 32 minute video describing the wholistic approach developed by Dr. Teeya Scholten

THESIS TITLES

- Ph.D. *"School Psychological Consultation in Practice: A Descriptive Study of the Consultant's Perspective"*
- a study using both qualitative and quantitative research methodology under the direction of Dr. S. Miezitis to explore the process of consultation from the practitioner's viewpoint

¹ Rankin was my maiden name

M.A. *"An Empirical Evaluation of a Humanistic Teaching Program for Primary Grade Children"*

- a study designed to evaluate the effectiveness of a self-esteem building program for children, using a classic pre-test post-test control group true experimental design, under the direction of Dr. Carl Bereiter

Honours B.A.

"Proposed Solutions to the Problems of Treatment, Manpower and Comparative Evaluation in Mental Health Programs"

- a review of mental health programs using non-professional manpower in primary and secondary prevention programs for children, under the direction of Dr. David Randall

NOTE: The results of my bachelor's and doctoral research have been published -see the citations for Rankin and Randall (1970) in the Ontario Psychologist and chapters in the book by E. Cole and J. Siegel (1990), Effective Consultation in School Psychology (See Publications section for full citations)

MAJOR AREAS OF INTEREST

- cost-effective models of service provision, health promotion, all types of prevention (primary, secondary and tertiary) in mental health and physical health
- utilization of para-professional and volunteer resources
- organizational management, strategic planning, motivation and empowerment of others

TEACHING EXPERIENCE

1992 - 1996 University of Calgary, Mount Allison University - Assessment & Program Planning for Adults with Learning Difficulties
1989 - 1990 University of Saskatchewan - Psychology of Aging
1989 - 1990 University of Regina - Life Span Development

REFERENCES

TO BE SUPPLIED UPON REQUEST