

Professional Summary

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Chartered Psychologist #1927

Empowerment Plus®, Inc.
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**Listed in the Canadian Register of Health
Service Providers in Psychology (CRHSPP)**

Qualifications: Ph.D. in Applied Psychology from the University of Toronto with over 30 years experience in the fields of education and mental health.

Specialization: Assessing and treating ADD or AD/HD, LD and Depression in clients of all ages

Methods: Founder of Empowerment Plus® - a positive, cost-effective method that integrates aspects of CAM (complementary and alternative medicine) with traditional approaches in “helping the whole person to be the best they can be as naturally as possible”.

Services: assessment, consultation, counselling, programs, workshops and in-service training

Workshop Topics:

1. Attention Deluxe Dimension: Curse or Blessing?
2. Behavior Management for Children with A.D.D.
3. Meeting Special Needs in the Classroom
4. Strategies for Overcoming Depression

Publications:

Books, Manuals, Journal Articles, Video

Professional Memberships:

- College of Alberta Psychologists
- Psychologists Association of Alberta
- Canadian Register of Health Care Providers in Psychology

Objective: To offer responsible, innovative, cost-effective psychological services which respect the whole person (i.e., mind, body and spirit)